

STUNDENPLAN / WOCHENÜBERBLICK

JAN / FEB / MÄR 2012

| | MONTAG | DIENSTAG | MITTWOCH | DONNERSTAG | FREITAG | SAMSTAG | SONNTAG |
|-------|---|----------|---|------------|---|---|--|
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 10:00 | | | KURS Mi 10:00 ASZ Haidhausen Senioren 90 Min. | | KURS Fr 09:30 Werkstatt 7 Schwangere 75 Min. | KURS Sa 10:00 Yoga Elisabethpl. Anf./Ms. - 90 Min. | KURS So 10:00 Fitn. Forum Laim Anf./Ms. - 90 Min. |
| 11:00 | | | | | | | |
| 12:00 | | | | | | | |
| 13:00 | | | | | | | |
| 14:00 | | | | | | | |
| 15:00 | | | | | | | |
| 16:00 | | | | | | | |
| 17:00 | | | | | | | |
| 18:00 | | | KURS Mi 18:00 Praxis Klenze Anf./Ms. - 90 Min. | | KURS Fr 16:15 Arztpraxis Specht Anfänger - 60 Min. | | |
| 19:00 | KURS Mo 18:30 Point.Vital Anf./Ms. - 90 Min. | | | | | | |
| 20:00 | KURS Mo 20:15 Point.Vital Anf./Ms. - 90 Min. | | KURS Mi 19:45 Praxis Klenze Anf./Ms. - 90 Min. | | | | |
| 21:00 | | | | | | | |